



THE CLUBHOUSE WELCOMES YOU!

INFORMATION PACKET

W.P.R.F., INC.
200 CENTURY BLVD.
WEST PALM BEACH, FL. 33417-2247
PHONE: (561) 640-3120 Opt. #5 - FAX: (561) 640-0075

TO: New Unit Owners in Century Village West Palm Beach

It is my pleasure to welcome you to Century Village. As a new resident you must have many questions. This informational packet is provided to acquaint you with the various services we provide such as classes, activities and theater events. Our Clubhouse rules and regulations are also provided.

It is very important that you read the enclosed information regarding our advanced season ticket program. Participation in this program is essential for purchasing tickets for the months of November through March. The cut-off date for participation is August. This is one of the areas where our new residents are most confused, so please be sure to call or stop by our ticket office with any questions you may have.

Please feel free to call or stop by my office at your convenience. I would be pleased to make your acquaintance and answer any other questions you may have.

***Very truly yours,
W.P.R.F., Inc.***

***Eva J. Rachesky
Vice President***

**THE CLUBHOUSE STAFF
WELCOMES YOU TO
CENTURY VILLAGE**

MAIN TELEPHONE DIRECTORY # WITH EXTENSIONS: (561) 640-3120

ADMINISTRATIVE OFFICE

EVA RACHESKY, VICE PRESIDENT

NOREEN STEAD & MARGE TUCCIARONE

Tel.: (561) 640-3120 Ext. 5

CLASS OFFICE

MELISSA HARRIS

Tel.: (561) 640-3120 – Ext. 252

TICKET OFFICE

Tel.: (561) 640-3120 – Ext. 223

EVENING STAFF

YOLANDA LEONARD

Tel.: (561) 640-3120 – Ext. 0 or 1

I.D. OFFICE

HEATHER MEGILL

Tel.: (561) 640-3120 – Ext. 237

J.M. YUENGER

Tel.: (561) 640-3120 – Ext. 239

W.P.R.F. – ACCTS. RECEIVABLE

MARY PETRO

Tel.: (561) 640-3120 – Ext. 238

CLUBHOUSE MAINTENANCE

Tel. (561) 640-3120 – Ext. 246

POOL MAINTENANCE

Tel.: (561) 640-3120 – Ext. 246

MAIN CLUBHOUSE SECURITY – Tel.: (561) 640-3118

HASTINGS FITNESS STAFF

John Holt – Tel.: (561) 640-3120 Ext. 262

HASTINGS SECURITY – Tel.: (561) 687-4875

SECURITY PHONE NUMBERS

EAST GATE:
(561) 686-0961

WEST GATE:
(561) 689-0432

GUEST CALL-IN
COMPUTER LINE:
(561) 689-1759
(CALL-IN GOOD FOR 72 HOURS)

W.P.R.F., INC.

IMPORTANT TELEPHONE NUMBERS

**DIAL AREA CODE 561 PRIOR TO PHONE
NO. UNLESS OTHERWISE INDICATED**

ALLIGATOR HOT LINE	844-489-7509
AMR AMBULANCE	659-7400
ANIMAL CARE & CONTROL	233-1200
AT&T (BELL SOUTH) CUSTOMER SERVICE	888-757-6500
ATLANTIC BROADBAND	844-489-7509
AUTO TAGS, REGISTRATION & PARKING PERMITS	355-2622
CLERK OF COURTS	355-2996
COUNTY COURTHOUSE (W.P.B.)	355-2431
CRIME STOPPERS	800-458-8477
CSI (CAREGIVER SERVICES)	373-0329
DRIVERS LICENSES	681-6333
EMERGENCY POLICE & FIRE RESCUE	911
FLORIDA HIGHWAY PATROL	540-3300
FLORIDA POWER & LIGHT	697-8000
LIBRARY (MAIN BRANCH)	233-2600
MAIN CLUBHOUSE (ALL EXTENSIONS)	640-3120
MEALS ON WHEELS	355-4755
PALM BEACH COUNTY WATER UTILITIES	740-4600
POISON CONTROL CENTER	800-282-3171
SENIOR SERVICES HOT LINE	211
SHERIFF'S OFFICE (NON-EMERGENCY)	688-3000
SOCIAL SECURITY ADMINISTRATION	800-772-1213
SOLID WASTE AUTHORITY (GARBAGE & RECYCLING)	697-2700
U.S. POST OFFICE	800-275-8777
UCO (UNITED CIVIC ORGANIZATION)	683-9189
UCO REPORTER	683-9189 Ext. 171
VETERANS ADMINISTRATION	800-827-1000
VISITOR CALL-IN LINE	689-1759
VOTER REGISTRATION (SUPERVISOR)	656-6200
WALGREEN'S	697-9670

HOSPITALS

GOOD SAMARITAN MEDICAL CENTER	655-5511
JFK MEDICAL CENTER	965-7300
JUPITER MEDICAL CENTER	263-2234
PALM BEACH GARDENS HOSPITAL	622-1411
PALMS WEST HOSPITAL	798-3300
ST. MARY'S MEDICAL CENTER	844-6300
VETERANS ADMINISTRATION HOSPITAL (WEST PALM BEACH)	422-8262
WELLINGTON REGIONAL MEDICAL CENTER	798-8500

CLUBHOUSE AND OUTLYING POOL RULES AND REGULATIONS

1. No smoking is permitted ANYWHERE on W.P.R.F. properties.
2. The Clubhouse will be open 7 days a week, between the hours of 8:00 am – 11:00 pm, except for special events when hours may be extended by prior arrangements.
3. The Clubhouse guest pool and resident pool will be available for use between the hours of 8:00 am and dusk daily, except when required to be closed for maintenance purposes. The Clubhouse indoor pool hours are from 8:00 am to 10:00 pm daily, except when required to be closed for maintenance purposes. All other outlying pools are open for swimming between 8:00 am and dusk.
4. Persons under the age of 16 will NOT be admitted into the recreational facilities, except when accompanied by an adult for a tour of the facilities. Such guests under the age of 16 may use the guest swimming pool, shuffleboard courts and Picnic Island only.
5. Persons under the age of 21 will NOT be allowed to participate in activities in the card room or party room, including Bingo games and dances. Persons under the age of 18 will NOT be allowed to use the billiard room.
6. Persons using the Clubhouse may be required to furnish proof of age.
7. All persons, including owners, renters and guests, using the recreational facilities will be required to identify themselves by showing their I.D. cards and will remove themselves there from upon request when they do not have their valid ID cards in their possession.
8. Any owner's I.D. card that has been copied and/or found in the possession of anyone other than the owner will be repossessed by a member of the staff and the owner will be subject to suspension from all recreational facilities.
9. Lessor may require the use of the areas of the recreational facilities from time to time and such activities will have priority over all other uses of the facilities.
10. No furniture, including but not limited to deck chairs, folding camp stools, etc., may be brought into the recreational facilities by any unit owner, renter or guest.
11. All persons using the recreational facilities will adhere to the Rules and Regulations, the instructions and decisions of the Clubhouse Administrator and members of the staff regarding the use of the facilities and the priority and length of time for use of the facilities.
12. All persons using the recreational facilities must comply with all instructions, directions and requests from any security officer.
13. The number of occupants in any part of the premises may be limited by Lessor.
14. All persons using the recreational facilities shall conduct themselves in a courteous manner with due regard for the rights of others to use and enjoy the facilities.
15. Persons using Clubhouse will be expected to be properly attired at all times. Persons in bathing suits will wear an upper covering garment, except around the pool area. No person will be allowed to enter the Clubhouse without wearing shoes.
16. When attending live performances, men must wear long pants and collared shirts and women wearing capris must have them below the knee. No shorts or exercise attire.
17. Persons are required to wear upper garments at all recreational facilities, except for men at the swimming pools.
18. No food or drink is permitted in the Clubhouse except for the Party Room in the Main Clubhouse.
19. No pets or animals except service animals as defined in the Florida Statutes are permitted on or in the recreational facilities.
20. The recreational facilities shall not be used by any group, club, association, society, party affiliation or the like, for any religious, political, charitable, fraternal, civic, social or any other purpose without the express written consent of the Lessor, which consent may be withheld without explanation.
21. No wagering, gambling, lotteries, raffles or Bingo may be conducted on the premises except where allowed and authorized by law.
22. No advertising leaflets, papers or other written matter shall be distributed at or in the recreational facilities without the written consent of Lessor. Written materials to be distributed at meetings/clubs are subject to Lessor's unilateral veto.
23. No signs, notices or posters of any sort shall be erected upon recreational facilities without the consent of Lessor, which consent may be withheld without explanation.
24. No solicitation or sales of any type shall be conducted by any person, group or organization at the recreational facilities unless specifically authorized by written consent of the Lessor, which consent may be withheld without explanation.
25. Persons using the recreational areas at times when the facility is not supervised will do so at their own risk.
26. Residents and renters are responsible for their guests and are expected to inform their guests of the Rules and Regulations of Century Village. Guests may be restricted from using certain areas or facilities designated by the Clubhouse Administrator.
27. Passenger vehicles may be parked only in designated parking areas and in compliance with directional signs. Parking is prohibited on any grassed areas. No unauthorized commercial vehicles may be parked on recreational facilities. Parking is limited to users of the recreational facilities and shall be strictly enforced. Vehicles illegally or improperly parked may be towed away and reclamation will be at the owner's expense.
28. Rules and Regulations that are posted in any particular area, room or facility will control the use thereof and shall be deemed supplemental to the Rules and Regulations herein enumerated.
29. The Lessor has the right, in its sole discretion, to suspend any unit owner and/or authorized user of the recreational facilities from the use of same for any infraction of the promulgated Rules and Regulations pertaining to said recreational facilities.

**PROHIBITION OF BOATS AND WATERCRAFT ON
CENTURY VILLAGE WEST PALM BEACH WATERWAYS**

To All Condominium Associations, Residents and/or Renters

Re: Boats and Watercraft in Century Village Waterways

An issue has arisen regarding the storage of sailboats and other types of watercraft on the lakes and on the shoreline around the lakes within the West Palm Beach Century Village. As many of you know, UCO initiated a shoreline restoration project throughout the entire Village. In furtherance of that project and to clarify W.P.R.F., Inc.'s position regarding this matter, the UCO Operations Committee was requested to advise the Century Village condominium Boards of Directors and residents that all privately-owned sailboats and other watercraft were to be removed from the lakes and the shoreline around the lakes and that arrangements were to be made for the storage and use of their watercraft outside of the West Palm Beach Century Village. The only boats and/or or watercraft allowed to be used within Century Village are those owned by W.P.R.F., Inc. and located in the appropriate sailboat area outside of the main Century Village Clubhouse.

The presence of privately-owned boats and other watercraft presents a very serious hazard to life and property if a hurricane, tornado or other natural disaster should strike our community. Therefore, it is imperative that the removal of all boats and watercraft be permanent. There will be no exceptions.

Please keep in mind that the prohibition of boats and other watercraft is contained in the original condominium documents, as well as in the 1999 model documents that were adopted by many of the associations within Century Village. Additionally, the cost of maintenance and repairs to the interior lakes and canals was made a part of the operational rent under the Millennium UCO Amendment to the Long-Term Lease and the Operating Agreement attached thereto.

Anyone failing to remove their sailboat and/or other watercraft from any lakes and/or shoreline within the West Palm Beach Century Village shall have their watercraft removed by W.P.R.F., Inc. and stored off site. The cost of removal and storage will then be added to the owner's W.P.R.F., Inc. account.

Thank you for your anticipated cooperation in this regard.

Sincerely,

W.P.R.F., INC.



ADVANCED SEASON TICKET ORDER INFORMATION



For residents wishing to participate in the Season Ticket Program, the order forms and information packets will be available for distribution the latter part of July. You may pick up the forms at the Staff Office and return the completed forms by depositing them in the "Drop Box" located at the ticket Counter.

Should you prefer to have the order forms mailed, you may do so by coming to the Staff Office to fill out a form requesting that the season ticket information be sent to you. The information will then be forwarded to you at a nominal cost. Please refer any further inquiries in this regard to the Staff Office.

We expect to mail out the season ticket order information in the middle of July. If you have not received your information by the end of July, please call the Staff Office at (561) 640-3120 Ext. 1.

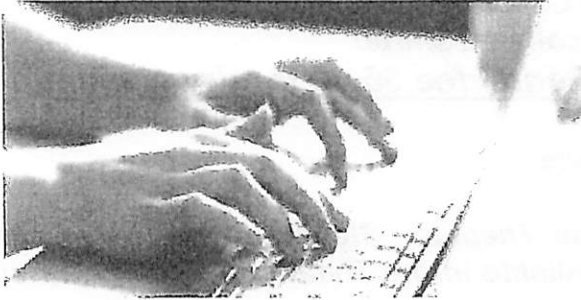
Please read all the information included with your order. It is important that your order is correctly filled out and that proper pick-up procedures are followed.





THEATER

WEST PALM BEACH



Enroll In Monthly
Theater Email Blast

JOIN OUR NEWSLETTER WEST PALM BEACH

First Name:

Last Name:

Email:

*By providing my email address, I hereby request that I be added to your email list and acknowledge that you will be sending me emails on a regular periodic basis.

Please fill out this form and return to the Ticket Office or you can go online at
www.centuryvillagetheater.com/join-our-newsletter-wpb/ if you prefer to do it on your own.

Stay Connected: www.centuryvillagetheater.com



THEATER PROTOCOL

- **ID is required for admittance to shows & movies.**
- **Due to respiratory illnesses, perfume and colognes are not permitted when attending shows or movies.**
- **Dress code for all live entertainment is "Dressy Casual".**
 - **No shorts or skorts permitted. Men must wear collared shirts.**
 - **Clothing rental is available in the Staff Office. Rental fee \$5.00 for dry cleaning.**
- **Doors open 30 minutes before showtime or movie.**
- **Hard candy and bottled water permitted in the Theater. Please do not leave candy wrappers on theater floor. Receptacles are available in the Theater and lobby for such items.**
- **Please turn off all cell phones...no texting.**
- **Photography, audio or video recording is strictly prohibited.**
- **When entering the theater, please go to your assigned seats and remain there. Roaming around and changing seats after the lights go down causes a distraction for both the performers and the audience and is not advisable for safety reasons.**
- **Late seating will NOT be permitted for theater performances after the show has been in progress for ten (10) minutes. As a result, you will have forfeited your seats and will be seated in the balcony if seating is available.**
- **Please be courteous and do not leave the theater until the end of the performance.**
- **Please be courteous to the performers and people around you and refrain from talking during the performances.**
- **Walkers are not permitted in the balcony.**
- **No one under the age of 16 is permitted to attend shows or movies.**
- **In the event a show headliner cancels, NO REFUNDS will be given when a comparable show is scheduled. If tickets are purchased online, the applicable service charge is non-refundable.**
- **Century Village recreational facilities are handicap accessible. Persons with disabilities needing special accommodations should stop by or contact the Ticket Office at (561) 640-3120, Opt. # 1, to request such accommodation.**
- **The above information is subject to change and/or modification.**

CENTURY VILLAGE ID CARDS

It is important for all residents to recognize that their Century Village ID card identifies them as authorized users of the clubhouses and facilities. Without the ID card on their person, the staff has no way of knowing if they are entitled to go into the theater for shows or participate in any of the programs/sports offered at the recreational facilities.

Please remember to have your Century Village ID card with you any time you plan to go to the pool/sports areas or the clubhouse. Only the person pictured on the card is permitted to use the card. If a resident permits someone else to use their card, the resident will be subject to a thirty-day (30) loss of clubhouse privileges. Unauthorized duplications of Century Village ID cards are not accepted for entry into the clubhouse or use of any recreational facilities.

Residents must accompany their guest(s) to the ID Office to secure Guest ID cards. Guest(s) are not permitted to use residents' cards for entering the Village. Guests must have a form of personal ID on them at all times. Failure to have said ID will result in non-admittance to facility.

If your visitors do not wish to use the clubhouse or recreational facilities, please contact UCO (561-683-9189) for a Gate Pass.

**THESE RULES SUPERSEDE ALL PREVIOUS RULES
CONCERNING I.D.'S EFFECTIVE APRIL 2, 1997**

The following rules and regulations have been established by the Lessor in connection with the Long-Term Lease of the recreation facilities at Century Village. Specific regulations will be posted at each recreation facility that is a part of Century Village at West Palm Beach, Florida.

**I.D. CARDS ARE NON-TRANSFERABLE AND FOR THE
EXCLUSIVE USE OF THE INDIVIDUAL NAMED ON THE CARD**

RESIDENT I.D.'S:

Resident I.D.'s are to be issued only to permanent residents (domiciles) at the discretion of the Lessor, regardless of ownership.

If the permanent resident is a party other than the owner, owner will be issued a guest I.D. when visiting.

Should owner demand resident I.D. card, then said card shall be issued only upon resident relinquishing his/her resident I.D.

No more than two (2) resident I.D.'s will be issued on a one-(1)-bedroom unit.

If more than two (2) grantees are reflected on a deed, only those in residence will be issued permanent I.D.'s.

No additional I.D.'s will be issued when a deed has been amended with the intent to assign I.D. privileges to someone not rightfully entitled.

All resident I.D.'s are to be turned in to the I.D. Department upon sale of unit or upon demise of an I.D. card holder. Failure to comply for any reason will result in a \$100 charge per missing I.D. (to be collected at closing), and no additional I.D. cards will be issued.

There is a \$25 replacement charge for lost I.D. cards. However, in the event an I.D. card has been stolen, upon presentation of a police report, the charge will be \$5.00.

If a unit is going to be rented, the owner must turn his/her I.D Card in to the I.D. Office before the renter can be issued his/her I.D. Card.

RENTAL I.D.'S:

The rental unit must be current in the required monthly payment to the Lessor, and the lease or rental agreement must be presented to the I.D. Department.

Building approval required on new leases and on renewal lease.

All resident I.D.'s issued on the applicable unit must be in the possession of the I.D. Department prior to issuance of the rental I.D.'s.

Should rental I.D. card holders prematurely quit the premises, rental I.D. cards must be turned in to the I.D. Department. Failure to comply will result in non-issuance of additional I.D. cards.

There will be a \$2.00 charge for rental I.D. In the event a replacement is required, there is an additional \$25.00 charge.

GUEST I.D.'S:

Guests are required to show proof of home address. Passes are issued for the length of stay, not to exceed two (2) weeks "twice", depending upon place of residence. Passes may be renewed.

Guest must be accompanied by a resident in order to secure an I.D. card. If a resident is unable to accompany guest, a note of introduction is required, along with Association approval.

Guests under the age of 16 will not be issued I.D. cards and are not permitted to use the Clubhouse facilities. They may use designated facilities.

Guests ages 16 thru 21 are required to show proof of age. Acceptable proof includes: Driver's license, draft card, birth certificate or school I.D. that has birth date thereon. Previous I.D.'s and library cards are not acceptable.

Residents with guests wishing to tour the Clubhouse or the Hastings Fitness Center during normal business hours may do so by the resident leaving their I.D. with Staff Office. When the Staff Office is closed, the resident must leave their I.D. with the front desk security at the facility being visited. Anyone under the age of 18 is not allowed in the Hastings Fitness Center.

Residents of Century Village shall be held responsible for the behavior of their guests. Guests who misuse the facilities will be denied admittance for remainder of the visit.

Guest passes will be issued from 8:30 a.m. to 12:00 noon and from 1:00 p.m. to 4:00 p.m. Monday through Friday at the I.D. Office. Guests arriving on a weekend or evening may receive a temporary pass at the Staff Office. The temporary pass is to be converted to a Guest I.D. at the I.D. Office on the next business day, and the charge (to be determined at a later date) will be applied toward the cost of the I.D. when it is issued. In order to accomplish this, identification will be required, and resident does not need to accompany guest to the I.D. Office.

PERSONAL AIDE PASS:

In order to receive a Personal Aide Pass, please present the following:

- Driver's License or State issued I.D.
- Copy of vehicle registration.
- Home Caregiver Acknowledgement form signed by a Condo Board member.
- The Personal Aide must be accompanied by the resident at all times.
- Personal Aide Pass limited to three (3) months at a time no charge.

STATE CERTIFIED CAREGIVERS:

Must display their State issued I.D.'s at all times when on recreational property and must be in the company of their resident charge at all times.

THE FOLLOWING RULES & REGULATIONS ARE SUBJECT TO CHANGE:

All persons using the Village facilities will be required to identify themselves by showing their I.D. cards and will immediately remove themselves from the facilities upon request when they do not have their I.D. cards in their possession. Any I.D. card or pass found in the possession of anyone other than the rightful bearer will be confiscated.

- Guest Pass fees are by the day/one week/two weeks
- Gate entrance access not permitted with paper Temporary Guest Pass
- Guest must always be accompanied by resident; only exception when using the Hastings Gym
- Personal trainers not permitted at Hastings Fitness Center Gym, except for WPRF sponsored trainer
- Must be 18 years of age or older to use Hastings Fitness Center, Billiard Room
- Must be 21 years of age to attend WPRF Party Room events
- Guest Pass, photo ID and resident required to ride buses, no one under the age of 16 permitted
- Guest Pass is non-refundable, non-transferrable and cannot be extended if stolen or lost
- **PRESENT PASS & PHOTO ID WHEN REQUESTED BY WPRF STAFF USHERS AND/OR SECURITY**

These rules and regulations are subject to change without notice, and any change is at the sole discretion of the Lessor and initialed by any executive officer or a designated representative. Any requests for special consideration must be made in writing and submitted to Lessor or designated representative. Further, we reserve the right to take five (5) working days before rendering a decision. (This means any request made may not result in an immediate decision.) The decision rendered will be irrevocable, meaning not subject to further review or discussion.

All resident I.D.'s are to be turned in to closing agent (attorney or title company) upon sale of unit, or by next of kin or estate representative upon demise of I.D. card holder. Failure to comply for any reason will result in a \$100 charge per missing I.D. (to be collected at closing), and no additional I.D. cards will be issued.

W.P.R.F., INC.
200 CENTURY BOULEVARD
WEST PALM BEACH, FL. 33417-2247

CLUBHOUSE FEES - NEW OWNER INFORMATION

A copy of your deed must be provided to the I.D. Office so proper name changes can be made. Without the deed the account will remain in the name of the seller.

Obtain the monthly charge amount for the Clubhouse fee from the W.P.R.F., Inc., Customer Service Office located in the Main Clubhouse or by calling 640-3120 Ext. 3.

If the remaining coupons for the year were not transferred to the new owner by the previous owner, request coupons for your payment from the W.P.R.F., Inc., Customer Service Office.

Checks are to be made payable to W.P.R.F., Inc.

Payments are due on the first of each month and become past due after the tenth of the month. W.P.R.F., Inc. does not hold post-dated checks. All checks must be dated with the current date.

Monthly fees to W.P.R.F., Inc. begin as soon as the purchaser signs the closing papers, regardless of when they move into the unit, and are payable every month thereafter. This is a mandatory fee.

All delinquent accounts are subject to a \$25.00 late fee.

All returned checks will receive a \$25.00 return check fee.

W.P.R.F., Inc. should be made aware of any other address that is going to be used other than the unit address. This can be done in writing on a separate piece of paper and enclosed with your monthly payment, or you may contact the Customer Service Office at 561-640-3120 Ext. 3.

The president of the condominium association of your building should be contacted to determine what company handles the maintenance for the building and any other assessments.

Please note your unit address on all correspondence.

Please do not cut or fold your coupons in any way.

W.P.R.F., INC. PAYMENTS

W.P.R.F., Inc. payments are funds payable under the terms of Long-Term Lease.

The responsibilities and obligations of residents and management are defined under the terms of The Long-Term Lease.

In order for management to meet its obligations concerning the social programming and maintenance of the physical facilities, certain costs are involved. These costs include, but are not limited to, the following:

Salaries & Wages

**Athletic staff
I.D. office staff
Maintenance staff
Pool maintenance staff
Ticket Office Staff**

Equipment for Social Programming

**Billiard supplies
Exercise equipment
Pianos
Theater equipment
Sailboats
Shuffleboard equipment
Stained Glass
Woodshop**

Entertainment Cost

**Performers
Movies, etc.
Publications
Ticket Processing**

Miscellaneous

**Janitorial & Supplies
Landscaping
Security
Utility cost**

Maintenance Repairs

**All pool areas (10)
Hastings Clubhouse
Main Clubhouse
Pickleball & Tennis Courts
Sailboats
Bocce & Petanque areas
Handball, Racquetball &
Shuffleboard Courts**

The above is just a sampling of the costs relating to the operation of the recreational facilities paid through your monthly W.P.R.F. coupons.

**Eva J. Rachesky
Vice President**

HASTINGS FITNESS CENTER RULES AND REGULATIONS

- 1 No smoking is permitted **ANYWHERE** on **W.P.R.F. properties**.
- 2 The Fitness Center will normally be open seven days a week between the hours of 7:00 A.M. and 10 P.M.
- 3 The outdoor pools and their surrounding facilities will be available for use during the hours between Dawn and 9:00 p.m. daily, except when required to be closed for maintenance purposes.
- 4 No persons under the age of 18 will be admitted into the recreational facilities.
- 5 Persons under the age of 21 will not be allowed to participate in activities in the card room. Nor will persons under the age of 18 use or be allowed admission to the pool tables or billiard room.
- 6 Persons using the Fitness Center may be required to furnish proof of age.
- 7 All persons, including owners, renters and guests using the Fitness Center will be required to identify themselves by showing their I.D. cards and will remove themselves there from upon request when they do not have their valid I.D. cards in their possession.
- 8 Any owner's I.D. card found in the possession of anyone other than the owner will be repossessed by a member of the staff.
- 9 Lessor may require the use of the areas of the Fitness Center from time to time and such activities will have priority over all other uses of the facilities.
- 10 No furniture, including but not limited to deck chairs, folding camp stools, etc., may be brought into the Fitness Center by any unit owner, renter or guest.
- 11 All persons using the Fitness Center will adhere to the rules and regulations, the instructions and decisions of the Administrative Vice President and members of the staff regarding the use of the facilities and the priority and length of time for use of the facilities.
- 12 All persons using the Fitness Center must comply with all instructions, directions and requests from any security officer.
- 13 The number of occupants in any part of the premises may be limited by Lessor.
- 14 All persons using the Fitness Center shall conduct themselves in a courteous manner with due regard for the rights of others to use and enjoy the facilities.
- 15 All persons using the Fitness Center will be expected to be properly attired at all times within the Fitness Center. Persons in bathing suits will wear an additional upper covering garment, except around pool areas. No persons will be allowed to enter the Fitness Center without wearing shoes. No wet bathing suits are allowed to be worn in the Fitness Center.
- 16 Persons are required to wear upper garments at all recreational facilities except the swimming pools.
- 17 No food or drink is permitted in the Clubhouse except for the Party Room in the Main Clubhouse.
- 18 No pets or animals are permitted on or in the recreational facilities.
- 19 The Fitness Center shall not be used by any group, club, association, society, party affiliation, or the like, for any religious, political, charitable, fraternal, civic, social or any other purpose without the express written consent of the Lessor.
- 20 No wagering, gambling, lotteries, raffles, or Bingo may be conducted on the premises except where allowed and authorized by the law
- 21 No advertising leaflets, papers or other written matter shall be distributed at or in the Fitness Center without written consent of Lessor.
- 22 No signs, notices, or posters of any sort shall be erected upon the Fitness Center without the consent of Lessor.
- 23 No solicitation or sales or any type shall be conducted by any person, group or organization at the Fitness Center unless specifically authorized by written consent of the Lessor.
- 24 Persons using the Fitness Center recreational areas at times when the facility is not supervised will do so at their own risk.
- 25 Residents and renters are responsible for their guests and are expected to apprise their guests of the rules and regulations of Century Village. Guests may be restricted to use of only certain areas of facilities designated by the Administrative Vice President.
- 26 Passenger vehicles may be parked only in designated parking areas. Parking is prohibited on any grassed area. Vehicles illegally or improperly parked may be towed away and reclamation will be at the owner's expense.
- 27 Rules and Regulations that are posted in any particular area, room or facility will control the use thereof and shall be deemed supplemental to the rules and regulations herein enumerated.
- 28 The Lessor has the right, in its sole discretion, to suspend any unit owner and/or authorized user of the recreational facilities from the use of same, for a period not to exceed thirty (30) days, for any infraction of the promulgated rules and regulations pertaining to said recreational facilities.

Rev. 5/19/17

EXERCISE CLASSES

CHAIR AEROBICS – HASTINGS FITNESS CENTER WITH GAILY

EXERCISES TO MUSIC ON, NEAR & AROUND THE CHAIR.
ANYONE WITH LIMITATIONS AND/OR RESTRICTIONS IS WELCOME.

- MONDAY - THURSDAY
- 9:30 – 10:15 AM

WATER AEROBICS – HASTINGS POOL WITH ARLEEN

- MONDAY, WEDNESDAY & FRIDAY
- 10:00 – 11:00 AM

WATER AEROBICS – CLUBHOUSE GUEST POOL WITH DOLLY

- MONDAY, WEDNESDAY & FRIDAY
- 8:00 – 9:00 AM and 9:00 - 10:00 AM

STRENGTH AND BALANCE – HASTINGS FITNESS CENTER WITH GAILY

EXERCISES TO STRENGTHEN UPPER BODY, BALANCE & WALKING PROPERLY

- MONDAY – THURSDAY
- 8:30 – 9:15 AM

STRETCHING - HASTINGS FITNESS CENTER WITH SARA

- TUESDAY & THURSDAY
- 11:00 - 12:00 PM

YOGA – HASTINGS FITNESS CENTER WITH SARA

- MONDAY & WEDNESDAY
- 10:30 – 11:30 AM
- FRIDAY
- 10:00 – 11:00 AM

CLASSES, CLASS TIMES AND/OR LOCATIONS
SUBJECT TO CHANGE AND/OR MODIFICATION

SAUNA INSTRUCTIONS

USE SAUNA AT YOUR OWN RISK

- 1. WHEN USING THE SAUNA, ALLOW TIME TO RELAX COMPLETELY.**
 - 2. REMOVE CLOTHING AND JEWELRY.
IF REQUIRED, WEAR A TOWEL LOOSELY.**
 - 3. ALWAYS SIT ON A TOWEL WHEN IN THE SAUNA.**
 - 4. AFTER 10 MINUTES OR WHEN PERSPIRATION BEGINS,
LEAVE SAUNA AND RELAX IN DRESSING AREA.
FOLLOW WITH A COOL SHOWER.**
 - 5. COOLING TIME SHOULD EQUAL TIME SPENT IN SAUNA.
ENTER SAUNA AGAIN AND STAY 5 OR 10 MINUTES.**
 - 6. REPEAT THE CYCLE 2 MORE TIMES.
END WITH A BRISK SHOWER & RINSE WITH COOL SHOWER.**
 - 7. DRESS WHEN COMPLETELY DRY & PERSPIRATION STOPS,
OR CHILLING MAY RESULT.**
-
- DO NOT USE SAUNA ALONE.**
 - DO NOT SMOKE, EXERCISE OR DRINK ALCOHOLIC BEVERAGES IN THE SAUNA ROOM.**
 - DO NOT PLACE TOWELS OR CLOTHING ON HEATER.**
 - DO NOT POUR WATER INTO HEATER.**
 - WARNING: EXCESSIVE EXPOSURE CAN BE HARMFUL TO YOUR HEALTH.**
 - DO NOT LEAVE TOWELS OR CLOTHING IN SAUNA TO DRY.**

**COURTESY AND COMPLIANCE WITH THE
ABOVE RULES WILL BE
GREATLY APPRECIATED.**

RESISTANCE POOL INSTRUCTIONS

WATER WALK

USE RESISTANCE POOL AT YOUR OWN RISK

HEALTH COURSE:

- 1. WALK FLAT FOOTED**
- 2. HOLD STOMACH IN**
- 3. BRING KNEES UP HIGH WHEN WALKING**
- 4. CONSULT LAP CHART**

LAP CHART:

- 1. 2 WARM-UP LAPS WITH CURRENT**
- 2. 4 LAPS FORWARD AGAINST CURRENT**
- 3. 1 LAP LEFT SIDE STEP WITH CURRENT**
- 4. 1 LAP RIGHT SIDE STEP WITH CURRENT**
- 5. 1 LAP LEFT SIDE STEP AGAINST CURRENT**
- 6. 1 LAP RIGHT SIDE STEP AGAINST CURRENT**
- 7. 3 LAPS BACKWARDS WITH CURRENT**
- 8. 3 LAPS WITH CURRENT**
- 9. 2 COOL-DOWN LAPS WITH CURRENT**

**COURTESY AND COMPLIANCE WITH THE
ABOVE RULES WILL BE
GREATLY APPRECIATED.**

GYM RULES & REGULATIONS

USE EQUIPMENT AT YOUR OWN RISK

- 1. SEE STAFF ON DUTY FOR INSTRUCTIONS AND/OR ORIENTATION APPOINTMENT ON HOW TO USE EQUIPMENT PROPERLY.**
- 2. PROPER ATTIRE IS REQUIRED WHILE EXERCISING. ATHLETIC SHOES & SHIRTS MUST BE WORN AT ALL TIMES. BATHING SUITS ARE NOT PERMITTED.**
- 3. USE CAUTION WHEN USING FREE WEIGHTS.**
- 4. SECURE ALL WEIGHTS & RETURN THEM TO THEIR PROPER RACKS WHEN FINISHED.
PLEASE DO NOT DROP OR LEAVE WEIGHTS ON FLOOR.**
- 5. WIPE OFF EQUIPMENT WHEN FINISHED.**
- 6. THERE IS A MAXIMUM LIMIT OF 30 MINUTES ON:
TREADMILLS, ELLIPTICAL TRAINERS AND BICYCLES WHEN SOMEONE IS WAITING.**
- 7. PLEASE DO NOT CHEW GUM OR EAT CANDY WHILE EXERCISING OR USING EQUIPMENT.**
- 8. BRING A TOWEL FOR YOUR PERSONAL USE.**
- 9. NO CELL PHONE USE WHILE IN GYM.**

**COURTESY AND COMPLIANCE WITH THE
ABOVE RULES WILL BE
GREATLY APPRECIATED.**

AEROBICS ROOM RULES & REGULATIONS

EXERCISE AT YOUR OWN RISK

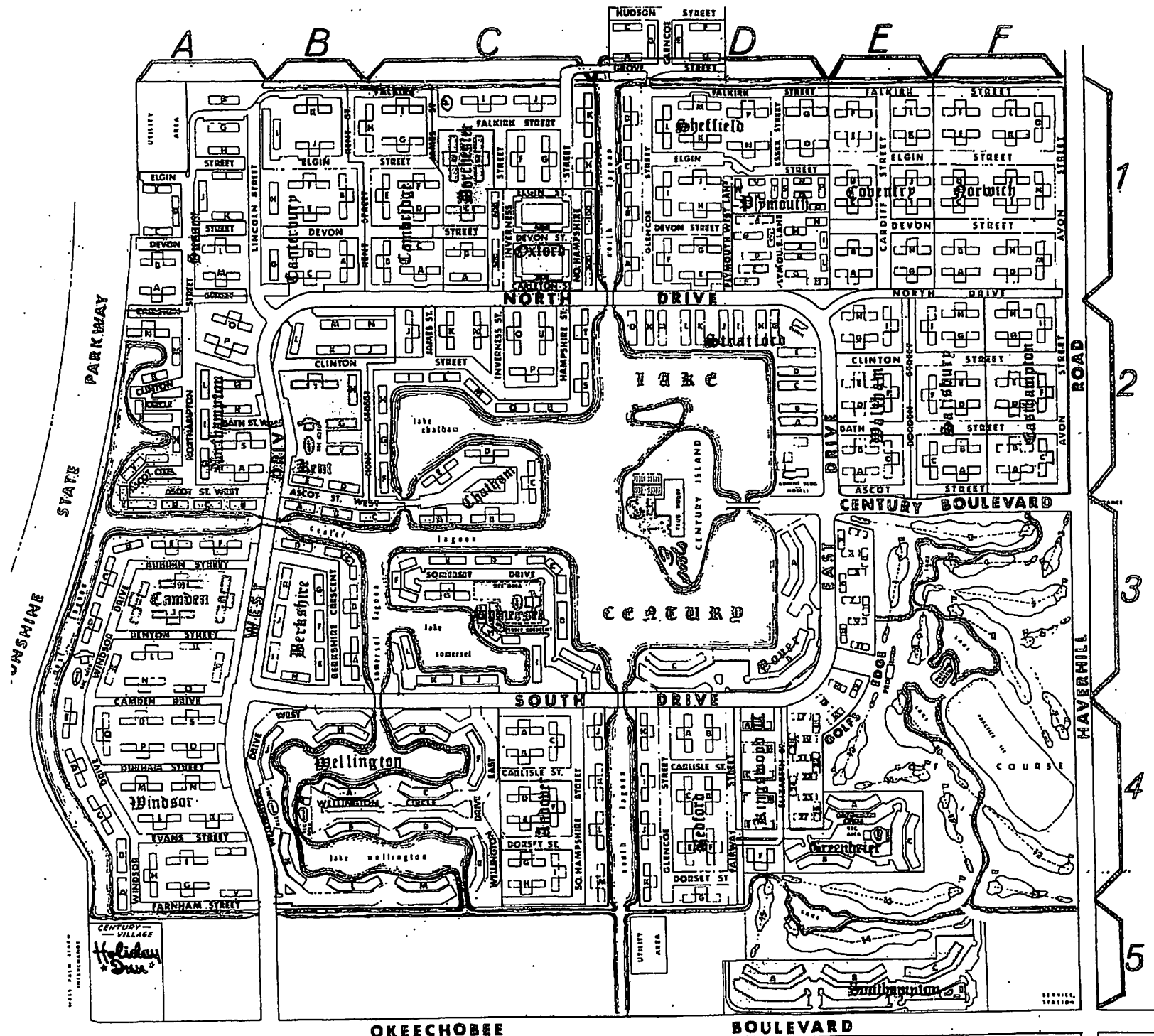
**PLEASE DO NOT ENTER
AEROBICS ROOM
WHEN CLASS IS IN SESSION**

- 1. PROPER ATTIRE IS REQUIRED WHILE EXERCISING.
ATHLETIC SHOES & SHIRTS MUST BE WORN AT ALL TIMES.
BATHING SUITS NOT PERMITTED.**
- 2. NO ONE WILL BE ADMITTED AFTER WARM-UP.**
- 3. PLEASE COOL DOWN BEFORE LEAVING CLASS.**
- 4. PLEASE DO NOT CHEW GUM OR EAT CANDY WHILE
EXERCISING.**
- 5. BRING A TOWEL FOR YOUR PERSONAL USE.**

**COURTESY AND COMPLIANCE WITH THE
ABOVE RULES WILL BE
GREATLY APPRECIATED.**

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Century Village